



## **Automated External Defibrillators**

**The KythCare Committee is proud to advise that it has purchased two Automated External Defibrillators (AED's).**

An AED is a type of computerized defibrillator that automatically analyses the heart rhythm in people who are experiencing cardiac arrest. When appropriate, it delivers an electrical shock to the heart to restore its normal rhythm.

Cardiopulmonary resuscitation (CPR) and automated external defibrillator (AED) training are two different life-saving techniques, that when used together, are the most effective way of saving a victim of sudden cardiac arrest.



The units that have been purchased are the ZOLL AED 3.

**These units are designed for ease of use by giving unexpected heroes both the confidence and knowledge needed to treat sudden cardiac arrest.**

The units guide rescuers through the process of performing high-quality CPR and can deliver a potentially lifesaving shock to the heart when needed. This guidance is through the effective monitoring of the patient and the providing of clear verbal and visual instructions including whether the CPR being administered at the correct depth and rate of compression.

One of the units has been provided to the Kytherian Association of Australia to be housed at Kythera House, Rockdale, whilst the other will be in a portable case and available for community activities outside Kythera House. These activities could include:

- KythCare events (presentations, community activities etc.)
- Christmas Picnic
- Kytherian Golf
- Kytherian Soccer
- Kytherian 4WD
- Kytherian Wine Club

KythCare will be responsible for these units and for their continued maintenance and the replacement of the associated consumables (replacement batteries, electrode pads etc.)

# AED



**AUTOMATED EXTERNAL  
DEFIBRILLATOR**

For supplies go to [www.defibshop.com.au](http://www.defibshop.com.au)

