



KythCare
Kytherian Aged Care Services Limited
INVITES YOU TO A

FREE INFORMATION SESSION

**Navigating Ageing and the
Aged Care System**

**SATURDAY 10 OCTOBER 2026
2.00 PM - 5.00 PM**

Hermes Lounge, 20 Belgrave Street, Kogarah (fully accessible)

JOIN US FOR AN INFORMATIVE AND WELCOMING AFTERNOON DESIGNED TO HELP YOU BETTER UNDERSTAND AGEING, AGED CARE AND THE SUPPORT OPTIONS AVAILABLE TO YOU AND YOUR LOVED ONES. HEAR FROM PROFESSIONALS, ASK QUESTIONS AND GAIN PRACTICAL INSIGHTS.

LEARN YOUR RIGHTS. EXPLORE YOUR OPTIONS. PLAN AHEAD WITH CONFIDENCE.

WHAT YOU WILL HEAR ABOUT

- **Planning ahead with confidence** – understand Wills, Powers of Attorney, Guardianships and Advance Care Directives
PRESENTED BY ARTHUR KOUMOUKELIS
- ONE OF AUSTRALIA'S MOST SENIOR ADVISORS IN AGED CARE AND RETIREMENT LIVING
- **Simplify your journey to find and access the right aged care services** – when and how to take action
PRESENTED BY STACEY TRYON
AGEING WELL SORTED – EXPERT AGED CARE ASSISTANCE
- **What is a geriatrician and who needs one?** learn what a geriatrician does and when their support may help
PRESENTED BY DR NICHOLAS CORDATO
GERIATRICIAN
- **Knowing what support is available** – explore home care, residential care and other support services
PRESENTED BY GEORGES ESTATE HEALTH & AGED CARE, PENSHURST

REGISTER YOUR ATTENDANCE: www.trybooking.com/DNCYV

Read more about us at kythcare.com.au or contact Spiro on 0418 412 395

